

DORN'S gentle treatment for the vertebrae

Possible inner problems caused by wrongly aligned vertebrae.

The vertebral column viewed from the side.

Possible problems caused by wrongly aligned vertebrae

crown chakra, lacking "overall view",
problems with the creator, desire to comprehend
everything with one's head

forehead chakra, lacking "farsightedness",
does not want to look or strain the visual senses

does not want to listen, no firm point of view,
wavering, loses stability, feelings of guilt

throat chakra, inability to speak well,
unable to bite one's way through, lump in throat

allows oneself to be humiliated, feels suppressed,
suffers silently, does not defend oneself

happily overburdens oneself, shoulders carry a
great deal, does everything by oneself, no trust

heart chakra, can not be loving, locks one's
heart, hard-hearted, joyless

wants nothing for oneself, puts oneself last,
does not want to breathe deeply, no own opinion

inner anger, lets nothing out, single-
minded, embittered, hard on oneself

worries over others, problems with the
"inner child", neglects own vital interests,
always sad, cries a lot.

"swallows" a great deal, lets nothing out,
internal rebelling, loses oneself in
additions: eating and drinking

energy chakra, worries,
rigid, does not surrender to the flow of life

suppresses one's own aggression,
makes accusations, becomes allergic

partnership problems with parents, husband
or wife, children, colleagues, neighbours,
one's fellow human beings...

contact problems, insecurity,
always sees one's own weaknesses,
fearful, afraid of relationships

finds it hard to make a new start, fearful,
problem with letting go of things from the past
like e.g. parents, husband or wife, people, animals,
place of residence, property, work, career

becomes tense very quickly, feelings of panic

sexual chakra, sexual problems, lethargy in "digesting",
lack of security, feelings of guilt

How do I carry the "burden of life"?
Problem: difference in legs, crooked position of pelvis,
sits badly, too much in the car, "crossed" legs

Base chakra problems,
little connection to "Mother Earth"

